



No-Food Birthday Treat Policy

2024-2025

Dear Ashwaubenon Families:

This letter is to inform you of our “no-food birthday treat policy” that supports the health, safety, and wellness of elementary students in grades 4K-5 within the Ashwaubenon School District. No food is to be distributed for birthday celebrations.

There are a variety of reasons why we made this change:

- **Safety:** With 1 in 13 of children having at least one food allergy, anyone serving food to children needs to be aware of food allergies and the potential for a life-threatening allergic reaction. More than 15% of school-aged children with food allergies have had an allergic reaction at school. These reactions range from mild to severe and even fatal. The safety of all students is our top priority.
- **Inclusion:** Sending in a food treat to the classroom to celebrate can exclude those children who have food allergies, diabetes or other dietary restrictions.
- **Promoting Healthy Lifestyles:** This updated policy coordinates with our district’s wellness policy on making healthy choices.

Please know that we are not trying to take the fun out of birthdays. Classroom teachers will continue to recognize children on their special day in special ways. We have provided the list below as other choices for honoring your children on their special day:

- Donate a book to the school library or classroom in honor of your child’s birthday with his/her name inside.
- Have your child bring their favorite book to share and the teacher or child will read it to the class.
- Donate a ball or jump rope (new or used) to the classroom for recess.

Thank you in advance for your flexibility and support.

Sincerely,

Brian Carter
Principal
Cormier

Peter Marto
Principal
Pioneer

Doug Pieschek
Principal
Valley View

Jason Fisch
Associate Principal
Valley View